

The Story Of An Amazon Herb Tea Sample

Through the sounds and pictures surrounding us, so generously provided by Michael, I invite you to a contemplative walk together through the Amazon Rainforest. Pieces of the ancient Palo Santo Holy Wood of Peru are being passed around for you to enjoy and smell. At the end, please give them to John to burn on that long boat journey down the river.

A treasure tea sample given to me 7 years ago became a call from the Rainforest to me to Reclaim, Recover and Remember.

As I sipped that cup of tea, I became immersed in the balanced Divine space of a new level of truth and reality, and my life was changed forever.

With each sip, the vibrational impact of the interconnectedness of all beings began to resonate deeply within me. I was transported to the living meditative space of the paradox---into the stillness that holds both total vulnerability and change congruently, offering neither consolation or despair.

Once in the mystery of that place of life and death—that space of Divine innocence—I was opened to a new level of fearlessness never known to me before.

There was a deep feeling that transcended any possibility of fear, gracing me to stay safely in the abiding stillness that can hold rampant change and growth simultaneously.

As one is more and more able to sustain this awareness and withstand the tension of the paradoxes in the mystery of life and death—as one is able to hold awareness of the ruthlessness, the awareness of the lack of complaint, the sense of the sacrifices occurring even as awareness is expanding, one also sees there is no ‘less than’ or ‘more than’ in such a consciousness---one sees that, ultimately, there is only deep peace, paradox and ‘what is’-----a beingness where anguished death cries sound out alongside the morning bird’s melody.

That cup of tea changed me forever, I felt invited to participate---to become a messenger for the sacred

plants and animals—to become a trailblazer. I felt called and enabled to assist cutting through the collective thickets of pain and despair.

This collective despair showed up recently in the dream of a client, who has kindly given me permission to share it with you. In this stark dream, she said, “I was feeding a caged rabbit paper, when, suddenly, with an anguished scream, the rabbit cried out ‘No Earth!’” This dream calls awareness to the condition of Mother Earth right now!

May we heed this deep call from Her now to provide for all of Her creatures. This is possible and you can be a part of the bigger solution through your work with Amazon Herb Company

Keep in mind that your business will be a direct reflection of your state of consciousness---we all go in and out of being awake and aware—of living in Divine remembrance.

Ask yourself---are you truly relational at the core?

Invite yourself to feel into the deep dimensions of that question.

Have you noticed that people are mostly not relational? Most have that necessary persona level that assists them to get along decently with one another. However, true self-enquiry and deep stillness are always required to stay in balance—otherwise one hovers dangerously at the edge of the abyss of collective despair and falls in.

Transcendence is an individual, person by person, moment by moment invitation. I believe you and I are here to do that.

- We are here to invite people to open the door to inter-connectedness with the world.
- We are here to invite them to remember that “all free life is Divine.” (Adida, p. 37, Radical Transcendentalism.)
- We are here to invite all to heal
- We are here to invite them to serve the life force.
- We are here to invite them to learn how to be happy
- We are here to invite all to the possible and to the true potential of their lives.

So----- let us listen, let us invite and let us open the door for healing to begin for all life. Let us be the unstoppable messengers, let us bring the news of the restoration of the lost memory of inter-relatedness and inter-connectedness with all beings.

No one is not permeated with patterns of stress, blame, judgment, 'less than/more than' patterns of suffering. We remain mostly identified with the painful experiences from our original, personal 'Divine givers'---parents, school, church, society---think about it---this baggage of turmoil is mostly what we bring to our daily life and to our business.

It is well known that one is required to travel light to the Rainforest. A lot of baggage just won't work for that journey. As adults, consider that we bring the baggage of overloaded, patterned ego contraction with us----more than likely, not our true shining selves to others or to our business.

Consider the vitality, strength and interconnectedness given to you in every whole herb.

Receive the memory, the strength and the energy of uninhibited growth, stretching you beyond, moving you into a level of unimaginable regeneration that you can then share with the world.

Most of us, at the little self level, are so identified with these early injuries and insults of our growing-up experiences that the natural, abiding flow of the truth within the opposites, within the instincts, within the intuition and within the river of life are sealed off, submerged and unavailable to consciousness most of the time.

Furthermore, because of this, the ego in this contracted state just doesn't want to give up the identification with that suffering. Most of us humans are so injured in the true flow of giving and receiving that we withdraw, contract further, isolate, seal ourselves off into narcissistic, self-attacking compartments of false self-knowing, where we stay in avoidance and refuse to go through

or beyond this condition of reactivity and ‘avoidance of relationship’ (Adida---personal studies)

Only the human is called to ponder the question—what to do---what to do!

Does the caterpillar relate to its process? i.e. that it will seriously change and grow wings? How awesome is that!?

We will never know the answer, but, as humans. We are called to know, to choose, to consciously align ourselves with that deep instinctual level of trust and knowing that Jung called the spiritual instinct. This is the invitation from every cup of tea, offering real trust and remembrance of our own process of transformation in the life/death experience that we share with all beings.

May we truly be able to hum the song of real life as our wings dry and prepare for unknown flights of service. Imagine receiving that level of knowing, that level of trust in the process of your life.

Accept the invitation to self-observe, to see where you might be identified or stuck—not free—consider what your effects are on others, consider what might need to be dissolved or sacrificed in your life to be able to leap into some new level of growth.

Be willing to look within, be willing to feel, to feel the paradox, to feel anything holding you back, to feel the truth of your process and to trust that process fearlessly, so you can inch into the awesome growth that is calling you.

Please note that the big word here is sacrifice. Did you know that word means ‘to make holy?’ With conscious understanding, willingness and acceptance of the truth and reality of sacrifice, the re-directed energy can become discernment and intuition. One becomes more and more able to feel into and to align oneself with a sacred yes /no, either/or space, facilitating new conscious choices, including the sacrifice of illusion, despair, denial and suffering.

The question arises, can the little self courageously and boldly see the felt truth of the larger process it is called to know, and will it consciously choose to sacrifice the patterned, isolated, 'non-relational' (Adida) ways---yes, required earlier to survive at that time, but, like the caterpillar, no longer relevant for a new life, for a new level of service in the world

The call to co-operate with and have compassion for one's own and another's emergence into a new design that couldn't possibly have been imagined---this is the invitation offered here with every cup of tea.

- May you be consciously and compassionately willing to be transformed in depth for a new , fearless life of service within your Amazon Herb Company business.
- May you listen deeply to the wisdom of self and others.
- May you live with resiliency, strength and joy.
- May you tolerate uncertainty and hold the tension between intention and necessary sacrifice.
- May you feel the happiness of reconnecting with all beings
- May you choose to release the baggage of suffering

and limitation

- May you responsibly maintain a healthy energy field to accomplish your dreams.
- May you and your business be a living organism of creativity in motion, inter-dependent and self-organizing (Shift Magazine, June/August/2007)

I wish to especially thank Sandra Alexander who brought me that first sample of Shipibo Treasure Tea from a Dallas TX Body, Mind, Spirit show in the year 2000.

I also wish to thank Ron Bond and Barbara Briley, who, fortunately, left their 1-800 phone number on that sample and, who, upon being called, drove to Austin from Houston the very next day, so I could begin my transformational journey to Reclaim, Recover andRemember

In honor of their profound love, I will share a short poem by Raymond Carver.

“And did you get what you wanted from this life even so?”

I did

“And what did you want?”

To call myself beloved, to feel myself beloved on the Earth.”

May we accept the invitation from the life
force offered to us from the Rainforest and from
Amazon Herb Company to become radiantly alive, to
become messengers of loving service in this world
and to live in harmony with all beings

Special thanks to Amazon John Easterling who brings
to the world the true story of the real treasure and
the real gold from the Rainforest.

May you all be well and happy and free.

Loci Shines Yonder
Gold Ambassador
Amazon Herb Company
Amazon Summit 8/4/07
Scottsdale, AZ

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Rainforest Treasure Tea

To achieve natural well-being and lasting energy

With no sugar and no caffeine

One secret...just one secret...to a more fulfilling healthier life! To achieve natural well being and lasting energy, you need something simple.. like-a cup of tea! *Treasure Tea* is a master blend of the Rainforest's greatest treasures. For centuries, it's attracted explorers from every corner of the globe seeking to discover its treasure. Experience the full spectrum of energy and clarity that is the essence of the Rainforest. Long revered in the Amazon for their many properties, these botanicals are now being researched by nutritional experts around the world.

One thing we want you to know about *Treasure Tea* is that it tastes great. Using all natural herbs, we produce a subtle blend of flavors that you will look forward to having every day. The delicate aroma and flavor will give you an idea of how the Amazon Rainforest can reinvigorate your senses as well as your body and mind. You'll enjoy drinking our Treasure Tea as much as you enjoy the benefits it provides. It's prepared with all natural herbs and contains no caffeine.

This blend is named after the Shipibo Tribe of Peru who recognize the real treasures of Amazonia are its life-changing botanicals. The benefits are what make this tea such a treasure. A full three grams of Rainforest herbs go into each bag for the complete impact of the energy of the Amazon. We carefully combine the separate ingredients in a complimentary, potent recipe to provide you with balanced vitality and maximum clarity. Even the grind of herbs is calculated for the best flavor and the fastest delivery of enjoyment.

Treasure Tea Preparation

Easy way. Put 1 bag in a cup of hot filtered water and steep to taste. *Re-use bag several times.*

To maximize the release of the healing properties of the herbs. Put 4 cups of filtered water in a pan with 1 Rainforest Treasure Tea bag. Boil for 5 minutes. Sip throughout the day.

Iced tea. Pour Shipibo Tea over ice, or mix 1 part fruit juice, 2 parts tea; add lemon or lime.

Additional uses for dried used tea bags. The nutrients in this tea are excellent for pets as well as plants, so sprinkle your dried used tea liberally on pet food, and on the soil around plants. Keep a Parmesan cheese-style shaker filled with dried Shipibo Tea on the table and sprinkle it on salads, veggies, and sandwiches or toast (it's great with hummus!)

Six Healing Rainforest Herbs

Chuchuhuasi (*Maytenus kurkovit.*) In the Amazon rainforest Chuchuhuasi means “trembling back”, which describes its long history with arthritis, rheumatism and back pain. It is also used as a muscle relaxant, aphrodisiac, pain-reliever, for adrenal support, as an insect repellent, immune stimulant and to balance and regulate menstrual periods. Chuchuhuasi is considered an aphrodisiac and tonic and the bark soaked in local rum (aguardiente) becomes a popular jungle drink that is even served to tourists. In Peru, Chuchuhuasi is still considered the “best remedy” for arthritis among both city and forest dwellers. In the 1980’s, Italian researchers discovered that its anti-inflammatory, radiation protectant action and antitumor properties were linked to triterpenes and antioxidants isolated in the trunk bark. Unless a synthetic substitute is found, the natural bark extract of this important Amazon Rainforest tree will continue to be the most effective natural remedy for arthritis.

Jatoba (*Hymenaea courbaril*) bark tea is the drink of choice among lumberjacks working in the forests in Brazil because it is a natural energy tonic that helps them work long hours without fatigue. In the United States, Jatoba is used as a natural energy tonic and for respiratory ailments like asthma, laryngitis and bronchitis. It is also used as a douche for yeast infections, as a decongestant in the treatment of hemorrhages, bursitis, bladder infections, arthritis, prostatitis, cystitis, as well as topically for skin fungi like athlete’s foot and nail fungus. Many practitioners are discovering that chronic prostatitis and cystitis problems can be fungal in nature rather than bacterial. The widespread use of antibiotics to treat these types of cases can actually kill off friendly bacteria that lives off fungi and increase the chances of a fungal problem, even making the condition “chronic”. When these types of cases react so quickly and/or dramatically to Jatoba supplements, is it Jatoba’s anti-fungal properties at work rather than it’s antibacterial properties. In traditional medicine in Panama, the fruit is used to treat mouth ulcers and the leaves and wood are used for diabetes.

Pau d’Arco or **Tahari** (*Tecoma impetiginosa.*) Brazilians call pau d’arco the “divine tree.” This multi-purpose herb, used in herbal medicine around the world for many years, is considered astringent, analgesic, antioxidant, anti-parasitic, anti-microbial, anti-fungal, anti-viral, anti-bacterial, anti-inflammatory and has anti-cancerous properties. Current uses include a remedy for ulcers, syphilis, gastrointestinal problems, cancer, diabetes, prostatitis, constipation, and allergies. It is used externally and internally for the treatment of fevers, infections, colds, flu, respiratory problems, skin ulcerations, boils, eczema, dysentery, gastrointestinal problems of all kinds, arthritis, prostatitis, wounds, and circulation disturbances. Other conditions treated include lupus, diabetes, ulcers, leukemia, allergies, liver disease, Hodgkin’s Disease, osteomyelitis, Parkinson’s disease and psoriasis. It is a popular remedy for candida and yeast infections. It is helpful in rheumatism and arthritic inflammation, prostatitis, cystitis, and beneficial for controlling fungus and yeast overgrowth. It helps prevent tumor formation and is thought to eliminate toxins and purify the blood. In cancer, it has been shown to help eliminate the pain and increases the number of red blood cells.

Quebra Pedra or **Chanca Piedra** (*Phyllanthus niruri*) is the most popular remedy for gallstones and kidney stones in South America. It is useful for hepatitis and other liver maladies. In Peruvian herbal medicine, it is also used for hepatitis, urinary infections, and as a diuretic. In Brazilian herbal medicine it is considered an excellent remedy to remove uric acid from the urine and to eliminate stones. It is also used in Brazil for hydropsy, urinary and bladder infections and blockages, liver ailments, painful joints, cystitis, prostate disorders, kidney disorders, hepatitis, diabetes and as a anti-spasmodic and muscle relaxant specific to the urinary tract system. Quebra Pedra has been historically used to clear obstruction throughout the body by promoting the elimination of mucous and kidney stones. It is believed to strengthen and fortify liver and gall bladder function by stimulating the production of bile. It acts as a diuretic, helps afflictions of the urinary system, stimulates the elimination of uric acid and used to treat urinary tract infections. It has also been found to be helpful for the treatment of hypertension, diabetes, bronchitis, and fever.

Stevia (*Rebaudiana bertonii*.) For nearly 20 years, millions of Japanese and Brazilians have used Stevia extracts as a safe, natural, non-caloric sweetener that is an approved food additive. Japan is the largest consumer of Stevia leaves and extracts in the world where it is used to sweeten everything including soy sauce, pickles, confections, and soft drinks. Even multi-national giants like Coca Cola and Beatrice Foods use Stevia to sweeten foods as a replacement for NutraSweet and saccharin for sale in Japan, Brazil and other countries. In the U.S., however, Stevia is specifically prohibited as a sweetener or food additive. Why? The national sweetener giants have been successful in lobbying the FDA to prevent this all natural, inexpensive and non-patentable sweetener from being used to replace their patented, synthetic, more expensive sweetener products. Deadly Aspartame, i.e., NutraSweet is a perfect example of one such “approved sweetener” because of a few greedy people who place profits above human life and well-being. Stevia, on the other hand, has undergone dozens of tests world-wide and was found to be free of toxins.

Since Stevia does not break down when it is heated, it can be used in foods that are baked or cooked. In Brazilian herbal medicine, Stevia is anti-fungal and is used as a diuretic and a tonic for cases of hypoglycemia diabetes, hypertension, high blood pressure, and a cardiogenic. It has also been used for alleviating bleeding gums, sore throats and cold sores due to its mild anti-bacterial functions. Stevia inhibits the development of plaque and aids in the prevention of cavities. Amazon Herb Co.’s Stevia is wild-crafted, and unlike other Stevia products that are produced with maltodextrins, our product is processed with grapefruit seed extract. The resulting one-of-a-kind product does not stimulate fat storage, elevate insulin levels or raise cholesterol.

Uña de Gato or “**Cat’s Claw**” (*Uncaria tomentosa*) has been used by the Peruvian Indians for years in the treatment of a wide range of health problems. Cat’s Claw supports the intestinal and immune systems, and also cleanses the entire intestinal tract. This cleansing helps people with different stomach and bowel disorders, including: colitis, Crohn’s disease, irritable bowel syndrome, and leaky bowel syndrome. It is being used for the treatment of immune disorders, gastritis, ulcers, cancer, arthritis, rheumatism, irregularities of the female cycle, acne, depression, wounds, fungus, fistulas, hemorrhoids, rheumatic disorders, neuralgias, chronic inflammation (vaginal or intestinal), and viral diseases like herpes zoster (shingles). Cat’s Claw contains alkaloids that increase the immune response and help provide anti-viral, anti-tumor and anti-inflammatory support for the body. Dr. Julian Whitaker, M.D. reports using Cat’s Claw for its immune stimulating effects, for cancer, in heart disease, reducing blood clots and diverticulitis. Cat’s Claw is even being used in veterinary practices for dogs and cats suffering from hip dysplasia, arthritis, cancers, Parvo virus, dermatitis and other skin disorders, tumors, FIV, and feline leukemia.

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